FVMA | *Florida* VETERINARY MEDICAL ASSOCIATION

Thank you FOR BEING A VALUED MEMBER

Your membership entitles you to a *new benefit* known as the Member Assistance Program (MAP). There is no enrollment or payment required to utilize this service.

We have partnered with McLaughlin Young Group, an independent provider of MAP/EAP services. The MAP offers help for personal and/or professional concerns by providing free, confidential, short-term counseling and personal consultation.

Additionally, the MAP provides work-life resources such as legal and financial consultations, online learning, resources and a variety of helpful seminars.

THE MAP ALSO HAS A NETWORK OF COUNSELORS that are conveniently located and can help you improve or resolve both work-related and personal difficulties of all magnitudes.

Some examples of concerns that the MAP addresses include:

- **Family conflict & relationship issues**
- **Depression and anxiety**
- **Resiliency and coping skills**
- **Work-related issues**
- **Grief and loss**
- **Alcohol or drug use**
- **Stress**
- **Legal and financial issues**

TAKE ADVANTAGE OF THIS WONDERFUL BENEFIT TODAY!

DOWNLOAD THE MYGROUP APP TO GET STARTED.

CONFIDENTIALITY IS ONE OF THE MOST IMPORTANT FEATURES. Your usage of the MAP is private unless you offer that information or someone's safety is threatened.

ALL OF THE MAP'S SERVICES ARE COMPLIMENTARY. The FVMA covers all expenses for this program, including phone calls and face-to-face visits. You are eligible to use the MAP immediately.

To seek assistance through the MAP, **simply call 704-529-1428 or 800-633-3353.** Your call is important - see how the counseling process works.

Visit **mygroup.com**

App Login

Follow the top-right tab, tap "My Portal Login" and choose "Work-Life"
Username: fvma2021
Password: guest

The MAP staff at McLaughlin Young is available 24 hours a day, seven days a week, ready to assist you. Appointments are available during daytime and evening hours. *The MAP is not designed to evaluate fitness for duty or authorize leave of absences* but will provide referrals as needed.